

# Road Bike Race Equipment Checklist

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<input type="checkbox"/> Bike	<input type="checkbox"/> Energy bar and/or gel
<input type="checkbox"/> Water bottles (filled)	<input type="checkbox"/> Change of clothes
<input type="checkbox"/> Seat bag <ul style="list-style-type: none"><li>-- spare tube</li><li>-- tire levers</li><li>-- CO2 inflator</li><li>-- mini-tool</li></ul>	<input type="checkbox"/> Post-race food and water
<input type="checkbox"/> Helmet	<input type="checkbox"/> First-aid kit
<input type="checkbox"/> Sunglasses	<input type="checkbox"/> Bike lock (optional)
<input type="checkbox"/> Jersey	<input type="checkbox"/> Camera (optional)
<input type="checkbox"/> Undershirt (optional)	<input type="checkbox"/> Towel
<input type="checkbox"/> Gloves	<input type="checkbox"/> Baby wipes
<input type="checkbox"/> Shorts	<input type="checkbox"/> Money
<input type="checkbox"/> Socks	<input type="checkbox"/> Registration form and/or license
<input type="checkbox"/> Shoes with cleats	<input type="checkbox"/> Floor pump
	<input type="checkbox"/> Stationary trainer

Looking for road bike racing advice?

Check out [CoachLevi.com](http://CoachLevi.com) for articles, how-to guides for beginners, and instructional videos.